



# Community Emergency Response Team Training



## Course Outline

Saturday March 06, 2010  
Saturday March 13, 2010  
Saturday March 20, 2010

8:00 AM to 5:00 PM

First Missionary Baptist Church of Redlands

### Day #1 Saturday March 06, 2010

#### CERT Introduction

30 minutes

- Welcome and introductions
- Explanation of class locations and preview of schedule
- Opening exercise

#### Disaster Preparedness

2 hours

- Disaster and disaster workers
- The impacts on infrastructure
- Structural and non-structural hazards
- Hazard mitigation
- Home and workplace preparedness
- Community preparedness
- Protection for disaster workers

#### CERT Organization

1 hour

- CERT Organization
- Rescuer safety
- Documentation
- Team organization

#### Fire Safety

2 hours and 30 minutes

- Fire chemistry
- Fire hazards
- Fire safety
- Portable fire extinguishers
- Fire suppression
- Teamwork
- Hazardous materials

### Day #2 Saturday March 13, 2010

#### Disaster Medical Operations – Part #1

2 hours and 30 minutes

- Life threatening conditions
- Triage

**Disaster Medical Operations – Part #2**

**2 hours and 30 minutes**

- Public health considerations
- Functions of disaster medical operations
- Disaster medical treatment areas
- Patient evaluation
- Basic treatment
  - Burns
  - Dress and bandage wounds
  - Treat fractures, dislocations, sprains and strains
  - Apply splints to hands, arms and legs
  - Treat hypothermia
  - Control nasal bleeding

**Terrorism and CERT**

**1 hours and 30 minutes**

- What is terrorism
- Terrorist weapons
- B-NICE indicators
- CERT and terrorist incidents

**Day #3 Saturday March 20, 2010**

**Light Search and Rescue**

**2 hours**

- Search and rescue size up
- Conduction search operations
- Conducting rescue operations

**Disaster Psychology**

**1 hour**

- Disaster psychology
- Caring for yourself, your buddy and victims

**Course Evaluation and Simulation**

**3 hours**

**Simulation Exercise**

- Review of key points
- Final exam - review
- Oath
- Graduation
- Course critique
- Class photo

For more information or to sign up call Tony Farrar 909-322-0833 or email [ltlojack@aol.com](mailto:ltlojack@aol.com)