



OFFICIAL PARTICIPATION INFORMATION

The City of Redlands and the University of Redlands would like to invite you to participate in the first annual Redlands Bulldog Triathlon and 5K run, walk, and roll. The course will take you through the scenic University of Redlands campus, the City of Redlands and finish at the University's swimming pool. A hard-shell bicycle helmet is required during the bicycle portion of the race and there is no drafting allowed. Course map, Complete rules, and guidelines are available at our website: www.ci.redlands.ca.us/recreation/index.php

Run, Roll, Bike & Swim for your Life

AWARDS:

- Top 3 Overall M & F for both Triathlon & Run
- 1st Master (40+) M & F for Tri and Run
- Top 3 in Age-Group Tri and Run
- Top 3 for Physically Challenged in Tri & Roll
- 1st Collegiate Student M & F for Tri and Run

SPECIAL AWARDS:

The WINNER of each Age-Group (Male & Female) in the TRIATHLON ONLY will be given a certificate for FREE entry into the 2009 Redlands Bulldog event. You will NEED TO SHOW PROOF of AGE at the awards ceremony or you will forfeit your prize to second place. NO EXCEPTIONS!!

DIRECTIONS:

- 10 Freeway east to University...
- Turn left on University...
- Turn right on Brockton...
- Parking available at Ted Runner Stadium on your left...

PRESENTED BY:

REDLANDS

RECREATION

A Bureau of the Redlands Police Department



WHEN:

Sunday, October 19, 2008
Same Day Registration from 6:00-7:30 a.m.
Race Starts at 8:00 a.m.

WHERE:

University of Redlands
Ted Runner Stadium

WHO:

Individuals, & Disabled Athletes
Challenging to Veteran Athletes, Tame enough for Beginners

DETAILS:

Triathlon & 5K Run/Walk/Roll
Run 3.1 Miles / Bike 11 Miles / Swim 150 Yards

COST:

EARLY BIRD (Until 10/1/08)
Triathlon: \$50.00 R/W/R:\$25.00

NORMAL REGISTRATION (10/02/08-10/11/08)
Triathlon: \$55.00 R/W/R:\$30.00

LATE & SAME DAY REGISTRATION (10/12/08-10/19/08)
Triathlon: \$60.00 R/W/R:\$35.00

Students with School ID & Physically Challenged
Triathlon: \$35.00 R/W/R: \$15.00

REGISTRATION:

Register online at Active.com
or send your completed form with your check payable to the City of Redlands to:
The Redlands Community Center
Redlands Bulldog Triathlon
111 West Lugonia Ave. Redlands, Ca 92374

**Call (909) 798-7572 for more information
Official Entry Form on the Other Side >>**

CITY OF REDLANDS – RECREATION BUREAU
OFFICIAL ENTRY FORM & WAIVER RELEASE AND LIABILITY AGREEMENT

Minimum age for the Triathlon is 10 years old by race date!!

Please PRINT CLEARLY, Read Carefully, Sign, Date & Include Payment

<input type="checkbox"/> Triathlon	<input type="checkbox"/> Challenged
<input type="checkbox"/> 5K	<input type="checkbox"/> Challenged

Last Name _____ First Name _____

Address _____

City _____ State _____ Zip _____

Age (On Race Day) _____ Date of Birth _____ Gender: Male Female

Home Phone _____ Cell Phone _____

Fax _____ Email _____

Category (Please Check One)

Under 10 (5K only)	10-14	15-19	20-24	25-29	30-34	35-39	40-44	45-49	50-54
Male <input type="checkbox"/>	Male <input type="checkbox"/>	Male <input type="checkbox"/>	Male <input type="checkbox"/>	Male <input type="checkbox"/>	Male <input type="checkbox"/>	Male <input type="checkbox"/>	Male <input type="checkbox"/>	Male <input type="checkbox"/>	Male <input type="checkbox"/>
Female <input type="checkbox"/>	Female <input type="checkbox"/>	Female <input type="checkbox"/>	Female <input type="checkbox"/>	Female <input type="checkbox"/>	Female <input type="checkbox"/>	Female <input type="checkbox"/>	Female <input type="checkbox"/>	Female <input type="checkbox"/>	Female <input type="checkbox"/>
55-59	60-64	65-69	70 +	T-Shirt Size: <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> X Large <input type="checkbox"/> XX Large					
Male <input type="checkbox"/>	Male <input type="checkbox"/>	Male <input type="checkbox"/>	Male <input type="checkbox"/>						
Female <input type="checkbox"/>	Female <input type="checkbox"/>	Female <input type="checkbox"/>	Female <input type="checkbox"/>						

Total Amount Paid: \$ _____

It is understood that a participant cannot participate in this recreation activity until this Waiver Release and Liability Agreement form has been completed and signed. For additional information telephone (909) 798-7572.

For and in consideration of permitting the undersigned individual to participate in the City of Redlands' Triathlon program ("Program") the undersigned hereby voluntarily forever releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, property damage or wrongful death occurring to the undersigned which may arise out of the undersigned's participation in the Program, and any activities incidental thereto, for him/herself and for his/her, heirs, executors, administrators, and assigns. The undersigned further agrees that he/she shall not prosecute or present any claim for personal injury, property damage or wrongful death against the City of Redlands or any of its elected official, officers, agents or employees (Herein referred to as "Releasees" for any of such causes of action.

The undersigned acknowledges, understands and assumes the risks inherent in recreation activities, that such activities entail risks of physical injury to his/her person and property, and that the undersigned's participating in the Program with full knowledge of these risks. The undersigned further acknowledges and understand that this waiver includes, but is not limited to, any action or cause of action arising from (1) the City's performance of, or failure to perform, maintenance, inspection, supervision, control or security of the property on which the Program will occur; (2) for the City's failure to warn of dangerous conditions existing on or near the property on which the Program will occur; (3) for any acts or omissions by spectators; (4) for the City's supervision or selection of officials, players or coaches; or (5) for any hidden, latent or obvious defects or dangerous conditions existing on or near the property on which the Program will occur.

IT IS THE INTENTION OF THE UNDERSIGNED BY EXECUTING THIS INSTRUMENT TO EXEMPT AND RELIEVE RELEASEES FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE AND WRONGFUL DEATH CAUSED BY THE PASSIVE NEGLIGENCE OF THE RELEASEES.

The undersigned for him/herself, and his/herself heirs, executors, and administrators or assigns, agrees that in the event any claim for the undersigned's personal injury, property damage or wrongful death shall be prosecuted against Releasees, he/she shall indemnify and save harmless Releasees from any and all claims or causes of action by whomever or wherever made to presented for the undersigned's personal injury, property damage or wrongful death.

The undersigned acknowledges that he/she has fully read this Waiver, Release and Indemnity Agreement, has been fully and completely advised concerning the effects of the waiver, Release and Indemnity Agreement and is fully aware of the legal consequences of signing this document. The undersigned acknowledges that the City has no obligation to offer recreational leagues or to allow participant to participate in these leagues. Participant further acknowledges that the property upon which the activity is to be conducted may not be in a condition that participant agrees is safe, and it is up to the participant to inspect and make the determination whether in fact to participate in the recreational activity. By signing this form, participant is asking permission to participate in this program and acknowledges that he/she could be injured and that he/she is giving up legal rights. Participant is aware that participation in this activity is voluntary and that participation is voluntarily engaging in the activity with knowledge of the danger involved and hereby agree to accept any and all risks involved. Participant further acknowledges that he/she has the right to buy insurance offered through the Recreation Bureau to cover he/she for injuries arising from this recreational activity.

I have read and hereby agree to abide by the City's recreation Activity Rules. I further acknowledge that my participation in the City of Redlands' recreation activities will be jeopardized should I fail to adhere to those rules.

Furthermore, I give my permission to have the below-named participants treated in the event of accident or illness.

Signature _____ Date _____

Parent Signature _____ Date _____

(If participant is a minor under the age of 18, a parent must sign the form)